



ROWMAN & LITTLEFIELD

The Autoimmune Brain ***A Five-Step Plan for Treating Chronic Pain, Depression, Anxiety, Fatigue, and Attention Disorders***

By David S. Younger

SPECIAL OFFER

30% DISCOUNT OFFER OFF LIST PRICE

PLEASE ORDER USING THIS CODE: **RLFANDF30**

978-1-5381-1770-5 • Hardback • **\$32.00** (discount price \$22.40)

978-1-5381-1771-2 • eBook • **\$30.00** (discount price \$21.00)

About the Book

The connection between the autoimmune system and brain health is now well-established. But attending to that connection to achieve better brain and overall health outcomes can be a challenge. Here, Dr. David Younger explains how seemingly unrelated diseases are linked to autoimmunity and can be treated by following an immune-enhancing program.

About the Author

David S. Younger, MD, is a world-renowned expert in neurology and the author of several medical books, as well as over 200 peer-reviewed articles, book chapters, and abstracts. His textbook, *Motor Disorders 3rd Edition*, has become the standard textbook for medical trainees at New York University and Columbia University. He also holds Editorial Board memberships and is a peer reviewer for a host of print and on-line medical scientific journals.

Praise for the Book

“Dr. Younger’s fascinating book details the impact autoimmune disease can have on brain health, especially during the developmental stage. This book is a must-read for anyone seeking to get to the root cause of unexplained changes in behavior or personality, or even the most severe psychiatric symptoms.”— **Amy Myers, MD, New York Times bestselling author of *The Autoimmune Solution* and *The Thyroid Connection***

“Based on Dr. Younger’s groundbreaking work on the devastating effects of autoimmune diseases on the brain, this book gifts us with a practical and accessible path back to better health, even for those who are most severely compromised. A critical and welcome resource for providers and families striving to identify- and heal- the actual, underlying medical causes of thwarted attention, learning ability, mood stability, and overall well-being. This is gold.” — **Jamie Candelaria Greene, PhD, BCET, author of *PANS, CANS, and Automobiles: A Comprehensive Reference Guide for Helping Students with PANDAS and PANS***

“Sure to become an instant classic, *The Autoimmune Brain* combines the best of traditional and functional medicine. Through easily understood text and multiple examples, it explains causation, covers diagnosis and treatment and includes an impressive number of guides for self-help. This book is amazingly complete, in-depth and heavily referenced, making it an invaluable tool and a must-read for practitioner and patient alike.”— **Joseph J. Burrascano Jr, M.D., Co-founder, the International Lyme and Associated Diseases Society**

“A brilliant and comprehensive guide for anyone suffering with mysterious and complex symptoms, written by a master clinician.” — **Leo Galland, MD, author of *The Allergy Solution***

ORDER FORM

(Billing in U.S. dollars)

Please send me the following book right away:

ISBN	Title	Price	Qty.	Cost
978-1-5381-1770-5	<i>The Autoimmune Brain</i> (Hardback)	after discount: \$22.40		
Promo Code*				RLFANDF30
Shipping Costs (see below)				
CA, CO, CT, IL, MD, ME, NY, OH, PA, TN, TX residents, please add sales tax				
Total				

- **eBooks can be ordered online**
- **Promotional price on books** is for U.S. orders only | offer expires November 1st, 2020 and may not be combined with other offers
- **Shipping and handling: U.S.:** \$5 first book, \$1 each additional book
- Rowman & Littlefield Publishing Group offers special discounts for bulk purchases in the United States by corporations, institutions, and other organizations.
 - For more information, please contact our Customer Service Dept at special.sales@rowman.com or by phone at 800-462-6420 ext 3023.

WAYS TO ORDER:Go to rowman.com

Call toll-free: 1-800-462-6420 / fax this order form toll-free to: 1-800-338-4550 Or

mail this order form to: Rowman & Littlefield, 15200 NBN Way, P.O. Box 191

Blue Ridge Summit, PA 17214-0191

All orders from individuals must be prepaid / Prices are subject to change without notice

Please check: Mastercard Visa Amex Personal check (make payable to Rowman & Littlefield)

Credit Card #: _____ Exp. Date _____

Signature: _____

BILLING AND SHIPPING ADDRESS:	
Name	
Institution	
Street	
City, State, Zip	
Country	
Phone	